

BIPOLAR MANIA

Please answer yes or no to the following questions.

Patient's Name _____

Section One

Has there ever been a period of time when you were not your usual self and	Yes	No
1. You felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble?		
2. You were so irritable that you shouted at people or started fights or arguments?		
3. You felt much more self confident than usual?		
4. You got much less sleep than usual and found you didn't really miss it?		
5. You were much more talkative or spoke much faster than usual?		
6. Thoughts raced through your head or you couldn't slow you mind down?		
7. You were so easily distracted by things around you that you had trouble concentrating or staying on track?		
8. You had much more energy than usual?		
9. You were much more active or did many more things than usual?		
10. You were much more social or outgoing than usual- for example, you telephoned friends in the middle of the night?		
11. You were much more interested in sex than usual?		
12. You did things that were unusual for you or that other people might have thought were excessive, foolish, or risky?		
13. You spent so much money that it got you or your family into trouble?		

Section Two

14. Did any of those situations you said yes to ever happen during the same period of time?	Yes	No
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Section Three

Please choose only one response by checking one box.

How much of a problem did any of these situations cause you) ie, being unable to work; having family, money or legal problems; getting into serious arguments or fights)?	
A. It was not a problem.	[]
B. It was a minor problem.	[]
C. It was a moderate problem.	[]
D. It was a serious problem.	[]